

## So it (The disaster you knew would never happen) hits!

### What do you take with you!

There are two types of kits that you should consider when preparing for an emergency or disaster. The one you choose will depend on your course of action that you need to take. In some instances, you will need to stay where you are and shelter in place, in others you may need to evacuate your home and leave for a period of time.

We at The Response Team Inc. believe that you need to be prepared to take action from an all hazards approach. This means that **YOU** are the one that needs to understand what the risks and hazards are in your community.

Check with you local Director of Emergency Management on specific hazards, OR look around! Do you live near a truck route, a rail line, an airport, an oil and gas facility, storm water drain, or a major highway? Interestingly enough my home encompasses all of these, but yours may not. Look around, plan and prepare. Understand what you need to do when things go wrong.

The following pages include the two lists that we believe are important for you to have available to you in the event of an incident. I have set them out as a Stay Kit and a Go Kit. Have a look, if there is something that I have missed, drop us a line I would be glad to add it!



These lists are not about the doomsday preppers, or zombie apocalypse kits you can find those online. These are kits for when the Airdrie Hailstorm of August 2014 hits, for the Southern Alberta Floods of 2013, for the Ice Storms of 1998, the power blackouts, etc.

Understand that this is just the beginning. What if a fire strikes your apartment block or townhouse complex? What if you are asked to Shelter in Place? If you are asked to head to the reception centre do you know where it is?

Call us we will put a customized plan in place for you.

Sincerely,

Michael Curtis

President

You can contact us in multiple ways:

Come visit us at our website: [www.responseandrecovery.com](http://www.responseandrecovery.com)

Call us toll free at: 1-814-714-1158

Skype us: trtinc

## **Stay Kit**

Power Outages, blizzards, other threats? You may need to stay in your home for a while without access to the outside. It may take up to 72 hours for emergency services to reach in the event of a catastrophic incident. It is vital that you, your family, and your community are prepared to hold through for that first 72 hours. Remember you may be without power and water for this time too.

Here is our thought of things you will likely need:

1. Have a Plan! – Talk to us at The Response Team if you don't have one!
2. Basic tools (hammer, pliers, wrench, screwdrivers, work gloves, dust mask, pocket knife)
3. Candles and matches or lighter (place candles in sturdy containers and do not burn unattended)
4. Cash in smaller bills (\$5s and \$10s and change)
5. Cell Phone numbers for everyone in your house. (How many times do you hit a button and say, "Call my son" – do you know everyone's number? Will you in an emergency?)
6. 2 Changes of clothing and footwear for each household member
7. Contact information for your emergency contact out of town.
8. Crank or battery powered flashlight (and extra batteries)
9. Crank or battery powered radio (and extra batteries)
10. Duct tape (to tape up windows, doors, air vents, etc.) Equipment for people with disabilities
11. Extra keys to your car and house
12. First aid kit
13. Food that won't spoil, such as canned food, energy bars and dried foods (replace yearly and remember a manual can opener)
14. Food, water and medication for your pets or service animal (personalize according to your needs)
15. Garbage bags
16. Hand sanitizer
17. Household chlorine bleach or water purifying tablets Infant formula
18. Prescription medication
19. Sleeping bag or warm blanket for each household member
20. Small fuel operated stove and fuel (follow manufacturer's directions and store properly)
21. Toiletries
22. Toilet paper
23. Utensils
24. Water – 2L per person per day for drinking (Replace yearly) (Consider an additional 2litres/person/day for cooking & cleaning)
25. A whistle

You can contact us in multiple ways:

Come visit us at our website: [www.responseandrecovery.com](http://www.responseandrecovery.com)  
Call us toll free at: 1-814-714-1158  
Skype us: trtinc

## **Go Kits**

What if you are put on alert to evacuate from your home in 30 mins. In addition to those items like photographs and other precious items, you need your go kit as well.

The go kit might include:

1. Cash in smaller currencies
2. Change of clothes for everyone
3. Emergency contact card with information and the number of someone to call who lives out of town.
4. First aid kit
5. Flashlight and extra batteries
6. Food that you don't have to keep cold and a manual can opener
7. Personal hygiene items, soap and hand sanitizer
8. Personal identification cards
9. Pet food and supplies for at least three days
10. Plastic or paper plates, cups, and utensils
11. Radio with batteries
12. Store medicine you usually take near your go kit
13. Water - Two litres for each person
14. Your emergency plan (Again if you don't have one, call us!)

It is also important to have an Emergency Vehicle Kit. The basic kit should include:

1. Antifreeze
2. Blanket
3. Candle in a deep can and matches
4. Extra clothing and shoes
5. Fire extinguisher
6. First aid kit with seatbelt cutter
7. Flashlight (crank or battery powered)
8. Food that won't spoil (such as energy bars)
9. List of contact numbers
10. Radio (crank or battery-powered)
11. Road maps
12. Sand, salt or cat litter (non-clumping)
13. Small shovel, scraper and snowbrush
14. Tow rope and jumper cables
15. Warning light or road flares
16. Water
17. Whistle
18. Windshield washer fluid

You can contact us in multiple ways:

Come visit us at our website: [www.responseandrecovery.com](http://www.responseandrecovery.com)  
Call us toll free at: 1-814-714-1158  
Skype us: trtinc